Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

WASCO STATE PRISON (WSP) 701 Scofield Avenue Wasco, CA 93280			Irene Jaramillo Community Resource Manager (661) 758-8400, ext. 5117
	Name of Program	Summary Description	
1	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life	
2	Breaking Barriers	The group's specific purpose is to break an inhibiting cycle of conditioned habits and help inmates become more productive and fulfilled human beings while learning about the body of knowledge found in cognitive psychology	
3	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life	

Updated annually in May